

Timothy Michael Bert

Employment: 7/2018 to present

Orthopedic Institute of the West

Abrazo

Sports Fellowship Trained Orthopedic Surgeon

6/2017 to 7/2018

Sports and Orthopaedic Specialists

Allina Health

Sports Medicine, Knee, Hip, and Shoulder Specialist

9/2013-6/2017

Hedley Orthopedic Institute

Sports Fellowship Trained Orthopedic Surgeon

Director Sports Medicine Department St Lukes Medical Center

Education: 8/2013

Hip Arthroscopy Externship

Shadowed Benjamin Domb MD, Brian Kelly MD, and

Chris Larson MD

7/2012-7/2013

Kerlan Jobe Fellowship

Orthopedic Sports Fellowship

6/2007-7/2012

U of TN-Campbell Clinic

Orthopedic Residency

6/2003-6/2007

Loyola Stritch School of Medicine

MD

9/1998 - 12/2002

The University of Wisconsin -Madison

Bachelor of Science

Major: Biology

Certificate in Art

Licensure/Board Certification:

American Board of Orthopaedic Surgery (I & II): 7/12 & 7/15

American Board of Orthopedic Surgery: Subspecialty certification
in orthopedic sports medicine: 10/2017

Minnesota State License, 2017
Arizona State License, 2013
California State License, 2012

National Societies:

International Society for Hip Arthroscopy 2018
Arthroscopy Association of North America 2008
American Orthopedic Society for Sports Medicine 2012
American Academy of Orthopedic Surgeons 2017

Honors:

Awarded the Rocco Calandruccio Excellence in Orthopedics by Baptist Memorial Hospital 6/2012
"Rising Star" for local doctors Minneapolis Magazine 2018
Selected as member of **National Student Collegiate Scholars Dean's list** member 1998-2002
Selected as member of **National Dean's list**
Selected as **Kappa Sigma Scholar**
Selected as **Academic All American** Alpine Skier at NCAA National Championships 3/2002

Work Experience:

June, 1999 – September, 1999
Certification for Minnesota Nursing Assistant.
Nurse Assistant at St Joseph's Hospital, St. Paul, MN
June, 2000 – September, 2000
Nursing Assistant in St. John's Operating Room, St. Paul, MN
June, 2001 – September, 2001
Nursing Assistant in St. John's PACU, OR, & PAR, St. Paul, MN

Publications:

Bert, T. Bert, J. Arthroscopic Approach to Knee Osteoarthritis. Sgaglione NA, Lubowitz, JH, Provencher, MT, eds. The Knee: AANA Advanced Arthroscopic Surgical Techniques (pp 189-196).

Biggers, M. Bert, T. Moisan, A. Spence, D. Warner, W. Beaty, J. Sawyer, J. Kelly, D. Fracture Of The Medial Humeral Epicondyle In Children: A Comparison Of Operative And Nonoperative Management. Abstract submission for AAOS 2014.

Bert, J. Bert, T. Management of infections after arthroscopy. Sports Medicine Arthroscopy. 2013 Jun;21(2):75-9.

Bert, J. Bert, T. Nonoperative Treatment of Unicompartment Arthritis from Bracing to Injection. Clin sports Med. 2013.

Podesta, L. Crow, S. Volkmer, D. Bert, T. Yocum, L. Treatment of Partial Ulnar Collateral Ligament Tears with Platelet Rich Plasma. *Am J Sports Med.* 2013 Jul;41(7):1689-94.

Bert J, Bert, T. Complications of Knee Arthroscopy. Hunter R, Sgaglione S. *AANA Advanced Arthroscopy: The Knee Hunter.* Philadelphia: S Elsevier; 2010: 37-44.

Bert T. What's your Diagnosis: Fibrous Dysplasia Case Report. *AAOS Now.* 2011;5(5):12.

Bert T. What's your Diagnosis: Distal Femoral Osteonecrosis Case Report. *AAOS Now.* 2011;5(6):17.

Research: University of Tennessee-Campbell Clinic

Research of Initial Biomechanical Performance of Hybrid Ingrowth Glenoid Components Versus Cemented All-Polyethylene Implants April 2011 through July 2011
Presented at Tennessee Orthopedic Society Meeting 9/30/2011

Loyola Stritch School of Medicine Orthopedic Department

Research on Flexible Intramedullary Rods for Femoral Shaft Fractures in Pediatric Patients
February 2007 through May 2007

University of Wisconsin Cellular Microbiology Department

Research of the Embryonic Neurocrest Cell of Chicken Gut
Professor Miles Epstein
February, 2002 through August, 2002

University of Wisconsin College of Letters & Sciences

Ecological Research in the Cloud Forest of Monteverde, Costa Rica August, 2002 through December, 2002

Activities: Medicine in Motion Medical Director

Phoenix, AZ 2018 to present

Mercury WNBA team physician

Suns NBA Assistant team physician

Minnesota MLS United Assistant team physician

Tempe High School District team physician

Phoenix, AZ 6/2015 to 2017

Scorpions Semi-professional Football team physician

Phoenix, AZ 3/2015 to 2016

Grand Canyon Professional Rodeo Association physician
Arizona High School Mountain Bike League team physician
Phoenix, AZ 2015 to present

Assisted in medical care with MLS developmental teams
Casa Grande, AZ 2015 to 2016

ASU Wakedevils team physician
Phoenix, AZ 2013 to present

USC athletic department physician

LA Dodgers assistant team physician

Sparks WNBA assistant team physician

LA Lakers assistant team physician

LA Kings assistant team physician

Anaheim Ducks assistant team physician

X games assistant physician

Westchester High School team physician

Banning High School team physician

WLAC team physician

Los Angeles, CA 2012 to 2013

Briarcrest High School team physician

Memphis, TN August 2010 to 2012

Leader of Loyola Immersion Trip to Dominican Republic,
2004

University of Wisconsin Alpine Ski Team, 1998 to 2002

Academic All-American 2001

Top varsity competitor in Midwest Division

Member of National Championship NCAA ski team in 2000 &
2002

NCAA National Championship Finalist, All American, 2002

Junior Olympic Alpine Ski Team Member, 1998

Captain of intramural soccer team 1998